



Happy Feet Nursery Food Menu Week 3



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli mince served with boiled rice	Poached fish served with potatoes and fresh veg	Homemade chicken and sweetcorn pasta	Fresh homemade lentil soup served with wholemeal bread	Baked potato served with beans, cheese and cold meat
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Fruit Salad	Strawberry Delight	Raspberry Ripple Ice Cream Tub	Orange Jelly & Cream	Warm Custard served with fresh fruit

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich thins with a choice of various toppings served with sultanas	Rice cakes and spread served with sultanas and apple	Homemade sponge cake served with fresh fruit	Homemade pancakes served with fresh fruit	Selection of flavoured yoghurts served with banana
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Sandwich Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon

Vegetarian Options available on request