



Happy Feet Nursery Food Menu Week 2



2 Course Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Fish fingers served with beans and wholemeal bread	Tomato pasta served with broccoli and cauliflower	Breast of chicken curry served with boiled rice	Lamb Mince served with mash potatoes and mix veg	Potato croquets served with a selection of cold meats and spaghetti
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Fresh Cream Custard	Warm Homemade Fruit Cake	Strawberry Delight	Blackcurrant Jelly	Raspberry Ripple Ice Cream Tub

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese thins, bread sticks, cucumber, cherry tomatoes & salsa	Wholemeal wraps with various toppings served with sultanas	Homemade scones served with grapes	Rice cakes with a variety of toppings served with fresh fruit	Variety of flavoured yoghurts served with fresh fruit
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk

Breakfast

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack

Varied throughout the week of a choice of White or Wholemeal bread toasted. Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Roll Fillings

Cold Ham
Grated Cheese
Cold Chicken
Pork Luncheon

Vegetarian Options available on request