



Happy Feet Nursery Food Menu Week 1



2 Course Lunch

Breakfast Selection

A selection of different cereals such as Weetabix, Cornflakes and Rice Krispies. Served with milk or water

Morning Snack Selection

Varied throughout the week of a choice of White or Wholemeal bread toasted, Served with a variety of toppings and a selection of seasonal fruits. Served with milk or water

Homemade Fruit Cake Selection

Blueberry
Lemon Drizzle
Apple & Banana
Berry

Fillings for Wraps

Cold Ham
Cold Chicken
Pork Luncheon
Grated Cheese

Vegetarian Options available on request

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Homemade Lentil soup served with wholemeal bread	Breast of chicken potatoes, broccoli & cauliflower in gravy sauce	Pasta Bolognese served with mixed garden vegetables	Homemade boiled chicken savoury rice	Fish Cakes served with spaghetti, peas and sweetcorn
Fresh Water	Fresh Water	Fresh Water	Fresh Water	Fresh Water
Warm Homemade Fruit Cake	Strawberry Jelly	Warm Custard served with fresh fruit	Selection of flavoured Yoghurt	Chocolate Delight

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Oat cakes and spread served with fresh fruit	Selection of flavoured yoghurts served with chunks of banana	Cream crackers with sliced cheese and grapes	Sandwiches with a choice of various toppings served with fresh fruit	Homemade pancakes with a selection of toppings served with sultanas
Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk	Water, Juice or Milk